



2023-2024 Student PE Log

Student Information	
Student First Name:	Student Last Name:
Student ID#:	CAVA Teacher:

Learning Period 2 (Quarter 1)
20 Day Period: September 11, 2023 – October 6, 2023

Total Physical Activity Minutes Required: 200 minutes (10 school days)			
Date	Week Day	Activity	# of Minutes
September 11, 2023	Monday		
September 12, 2023	Tuesday		
September 13, 2023	Wednesday		
September 14, 2023	Thursday		
September 15, 2023	Friday		
September 18, 2023	Monday		
September 19, 2023	Tuesday		
September 20, 2023	Wednesday		
September 21, 2023	Thursday		
September 22, 2023	Friday		
Total Minutes:			

Total Physical Activity Minutes Required: 200 minutes (10 school days)			
Date	Week Day	Activity	# of Minutes
September 25, 2023	Monday		
September 26, 2023	Tuesday		
September 27, 2023	Wednesday		
September 28, 2023	Thursday		
September 29, 2023	Friday		
October 2, 2023	Monday		
October 3, 2023	Tuesday		
October 4, 2023	Wednesday		
October 5, 2023	Thursday		
October 6, 2023	Friday		
Total Minutes:			

Physical Activity Requirement
All students, in grades TK-5, are required to complete 200 minutes of physical activity every 10 days or 20 minutes daily.