



### 2023-2024 Student PE Log

Student Information	
Student First Name:	Student Last Name:
Student ID#:	CAVA Teacher:

Learning Period 4 (Quarter 2)
18 Day Period: November 6, 2023 – December 8, 2023

Total Physical Activity Minutes Required: 180 minutes (9 school days)			
Date	Week Day	Activity	# of Minutes
November 6, 2023	Monday		
November 7, 2023	Tuesday		
November 8, 2023	Wednesday		
November 9, 2023	Thursday		
November 13, 2023	Monday		
November 14, 2023	Tuesday		
November 15, 2023	Wednesday		
November 16, 2023	Thursday		
November 17, 2023	Friday		
Total Minutes:			

Total Physical Activity Minutes Required: 180 minutes (9 school days)			
Date	Week Day	Activity	# of Minutes
November 28, 2023	Tuesday		
November 29, 2023	Wednesday		
November 30, 2023	Thursday		
December 1, 2023	Friday		
December 4, 2023	Monday		
December 5, 2023	Tuesday		
December 6, 2023	Wednesday		
December 7, 2023	Thursday		
December 8, 2023	Friday		

***\*Physical Activity Requirement\****

***All students, in grades TK-5, are required to complete 200 minutes of physical activity every 10 days or 20 minutes daily.***