



### 2023-2024 Student PE Log

| Student Information |                    |
|---------------------|--------------------|
| Student First Name: | Student Last Name: |
| Student ID#:        | CAVA Teacher:      |

| Learning Period 5 (Quarter 2)                       |
|---|
| 14 Day Period: December 11, 2023 – January 12, 2024 |

| Total Physical Activity Minutes Required: 180 minutes (9 school days) |           |          |              |
|---|-----------|----------|--------------|
| Date  | Week Day  | Activity | # of Minutes |
| December 11, 2023   | Monday    |          |              |
| December 12, 2023   | Tuesday   |          |              |
| December 13, 2023   | Wednesday |          |              |
| December 14, 2023   | Thursday  |          |              |
| December 15, 2023   | Friday    |          |              |
| January 2, 2024   | Tuesday   |          |              |
| January 3, 2024   | Wednesday |          |              |
| January 4, 2024   | Thursday  |          |              |
| January 5, 2024   | Friday    |          |              |
| Total Minutes:  |           |          |              |

| Total Physical Activity Minutes Required: 100 minutes (5 school days) |           |          |              |
|---|-----------|----------|--------------|
| Date  | Week Day  | Activity | # of Minutes |
| January 8, 2024   | Monday    |          |              |
| January 9, 2024   | Tuesday   |          |              |
| January 10, 2024  | Wednesday |          |              |
| January 11, 2024  | Thursday  |          |              |
| January 12, 2024  | Friday    |          |              |
| Total Minutes:  |           |          |              |

**\*Physical Activity Requirement\***  
All students, in grades TK-5, are required to complete 200 minutes of physical activity every 10 days or 20 minutes daily.