



2023-2024 Student PE Log

Student Information	
Student First Name:	Student Last Name:
Student ID#:	CAVA Teacher:

Learning Period 6 (Quarter 3)
20 Day Period: January 22, 2024 – February 16, 2024

Total Physical Activity Minutes Required: 200 minutes (10 school days)			
Date	Week Day	Activity	# of Minutes
January 22, 2024	Monday		
January 23, 2024	Tuesday		
January 24, 2024	Wednesday		
January 25, 2024	Thursday		
January 26, 2024	Friday		
January 29, 2024	Monday		
January 30, 2024	Tuesday		
January 31, 2024	Wednesday		
February 1, 2024	Thursday		
February 2, 2024	Friday		
Total Minutes:			

Total Physical Activity Minutes Required: 200 minutes (10 school days)			
# of Minutes	Week Day	Activity	# of Minutes
February 5, 2024	Monday		
February 6, 2024	Tuesday		
February 7, 2024	Wednesday		
February 8, 2024	Thursday		
February 9, 2024	Friday		
February 12, 2024	Monday		
February 13, 2024	Tuesday		
February 14, 2024	Wednesday		
February 15, 2024	Thursday		
February 16, 2024	Friday		
Total Minutes:			

Physical Activity Requirement
All students, in grades TK-5, are required to complete 200 minutes of physical activity every 10 days or 20 minutes daily.