



2023-2024 Student PE Log

Student Information	
Student First Name:	Student Last Name:
Student ID#:	CAVA Teacher:

Learning Period 8 (Quarter 3/4)
19 Day Period: March 18, 2024 – April 19, 2024

Total Physical Activity Minutes Required: 180 minutes (9 school days)			
Date	Week Day	Activity	# of Minutes
March 18, 2024	Monday		
March 19, 2024	Tuesday		
March 20, 2024	Wednesday		
March 21, 2024	Thursday		
March 22, 2024	Friday		
April 2, 2024	Tuesday		
April 3, 2024	Wednesday		
April 4, 2024	Thursday		
April 5, 2024	Friday		
Total Minutes:			

Total Physical Activity Minutes Required: 200 minutes (10 school days)			
Date	Week Day	Activity	# of Minutes
April 8, 2024	Monday		
April 9, 2024	Tuesday		
April 10, 2024	Wednesday		
April 11, 2024	Thursday		
April 12, 2024	Friday		
April 15, 2024	Monday		
April 16, 2024	Tuesday		
April 17, 2024	Wednesday		
April 18, 2024	Thursday		
April 19, 2024	Friday		
Total Minutes:			

Physical Activity Requirement
All students, in grades TK-5, are required to complete 200 minutes of physical activity every 10 days or 20 minutes daily.