50 Moreland Road
Simi Valley, CA 93065
Toll-free: 866.339.6787
Fax: 805.581.0330
www.k12.com/cava

## 2023-2024 Student PE Log

| Student Information |  |  |
| :--- | :--- | :--- |
| Student First Name: | Student Last Name: | Student ID\#: |
| Learning Coach First Name: | Learning Coach Last Name: | CAVA Teacher: |

## Learning Period 1

16 Day Period: August 17, 2023 - September 8, 2023

| Total Physical Activity Minutes Required: 200 minutes (10 school days) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Date | Weekday | Activity | \# of Minutes |  |  |  |  |  |
| August 17,2023 | Thursday |  |  |  |  |  |  |  |
| August 18, 2023 | Friday |  |  |  |  |  |  |  |
| August 21,2023 | Monday |  |  |  |  |  |  |  |
| August 22,2023 | Tuesday |  |  |  |  |  |  |  |
| August 23,2023 | Wednesday |  |  |  |  |  |  |  |
| August 24,2023 | Thursday |  |  |  |  |  |  |  |
| August 25,2023 | Friday |  |  |  |  |  |  |  |
| August 28,2023 | Monday |  |  |  |  |  |  |  |
| August 29,2023 | Tuesday |  |  |  |  |  |  |  |
| August 30,2023 | Wednesday |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | Total Minutes: |  |


| Total Physical Activity Minutes Required: 160 minutes (6 school days) |  |  |  |
| :---: | :---: | :---: | :---: |
| Date | Weekday | Activity | \# of Minutes |
| August 31, 2023 | Thursday |  |  |
| September 1, 2023 | Friday |  |  |
| September 5,2023 | Tuesday |  |  |
| September 6,2023 | Wednesday |  |  |
| September 7,2023 | Thursday |  |  |
| September 8,2023 | Friday |  |  |

*Physical Activity Requirement*
All students, in grades $T K$-5, are required to complete 200 minutes of physical activity every 10 days or 20 minutes daily.

